

# Group Crisis Intervention (Basic)



The CISM: training program is designed to present the core elements of a comprehensive, systematic and multicomponent crisis intervention curriculum. The two-day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large-scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The CISM: Group Crisis Intervention course specifically prepares participants to provide several of these interventions, specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multicomponent crisis intervention strategy, which is discussed in this course. The CISM: Group Crisis Intervention course is designed to specifically teach crisis intervention and Emergency Mental Health skills such as demobilizations, defusing, and CISD. At the completion of this course, participants will be able to: Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Demobilizations, Defusings, and Debriefings. Completion of The CISM: Group Crisis Intervention class and receipt of a certificate indicating full attendance qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

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**Course #: 200-000-484 Session A**

**Date: October 15 & 16, 2009**

**Time: 0800-1700**

**Location: Church of the Nazerene  
130 Douglas Street  
Uxbridge, MA**

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*Please complete a standard DFS / MFA student application or register online at [www.mass.gov/dfs](http://www.mass.gov/dfs).*

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